



**VIDYA SARASWATHY ACADEMY**  
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# Model Question paper

**VIDYASARASWATHY ACADEMY**

**Aim to Improve Individual Intelligence**

## *Students*

1. What am I doing to nurture and grow a Healthy Body & Mind?
2. How much am I concentrating during the teaching sessions in the Class?
3. What am I doing to improve my educational ( Academic ) talent?
4. By what action can I bring pride to my parents, teachers and Educational Institution?
5. What is my personal interest?
6. What is my perception about my family members and friends?
7. What I should do for increasing my self esteem?
8. How can I use my Time meaningfully for growth and improvement?
9. How will my chosen subject of study be useful for my future?
10. What is my main aim in Life?

## ***Teacher / Professor***

1. At present what kind of exercise is keeping me fit?
2. How am I improving my Teaching skills that require changes based on day-to-day requirements?
3. What is my mental frame while teaching the students?
4. In what way I have added value/pride to my Institution?
5. How is my approach towards my family and fellow staff ?
6. What are the benefits that would accrue by improving my Self Esteem?
7. How to plan my Time?
8. How much I love my Teaching Profession?
9. Which kind of thoughts linger in my sub-conscious mind?
10. What is the main Aim of MY Life?

## *Corporate Staff*

1. What are the methods I should follow to keep my Body and Mind healthy?
2. What ways i has to follow to increase my Productive Capabilities?
3. What are my thoughts while working in Office / Factory?
4. In what way can I improve the image of my Employing Company in the Market?
5. In what way can I bring happiness among my family, colleagues and friends?
6. How much am I using self awareness and self esteem for my future development?
7. How much importance do I give to Time?
8. How much Importance do I attach to my Work at office?
9. What are the thoughts that often occupy my mind?
10. What is the main Aim of MY Life?